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Winchester School District #1
Winchester Grade School

Mr. Andy Stumpf, Principal

283 South Elm Street
Winchester, IL 62694

-Reference for Assisting with Treatment & Cleaning of Headlice-

You may use HOT SHOT Flea Tick & Lice Killer on furniture, stripped bed, vehicle seats, rugs, and stuffed animals. Do NOT spray near food, animals, or people.

Use Lice-Free Treatment Spray or a Lice Shampoo (MAKE SURE TO FOLLOW LABEL INSTRUCTIONS). Check your child's hair daily, and be sure to comb remaining eggs out each day. Treat all children in the home.

Spray bottle of Water & Tea Tree Oil (10 drops) can be used on hair before school to help prevent lice. **THIS IS NOT A TREATMENT.** This is preventive use ONLY.

Your child's hair MUST be pulled up in a ponytail each day before coming to school.

Cleaning Checklist: We recommend you pull your hair up and cover it while cleaning to prevent re-exposure.

	Laundry sheets and bedding and dry on high heat for 40 minutes
	Collect, launder, and dry all towels on high heat for 40 minutes
	Laundry recently worn clothing items, jackets, and headwear and dry on high heat for 40 minutes
	Vacuum carpet, rugs, smooth-surfaced floors, and mattresses
	Vacuum furniture such as couches, recliners, and car seats. Furniture with a smooth surface can be wiped down. Lice can't burrow, so if you are unsure about any furniture it can be covered with a clean sheet for 48 hours.
	Wipe down sinks or surfaces where you comb your hair or get ready in the morning
	After removing any hair from hairbrushes, combs, ponytail holders, clips and other accessories, place them in a Ziploc and put them in the freezer for 48 hours OR put them in a casserole dish and pour boiling water over them. They have to be submerged for 5-10 minutes in water above 130 degrees.
	Vacuum upholstery or wipe down leather seats in your car.
	Place anything that can't be washed or dried in a plastic bag for a minimum of 3 days and up to 14 days
	Anything that is clean but exposed can be thrown in the dryer on high heat for 40 minutes

Mrs. Coon
School Nurse